



activ8



St Cuthbert's College
BY LOVE. SERVE

MIDDLE SCHOOL
YEAR 8 PROGRAMME

Year 8 students learn to take responsibility for their own learning and direction, preparing them for the changes they will face as they enter the Senior School.



Year 8 is a time of significant change and growth and provides an ideal opportunity for our Year 8 students to play an active and special role as the leaders of the Middle School at St Cuthbert's. Our *activ8* programme recognises that thriving at school will enable these students to develop a strong foundation for ongoing success throughout life.

The *activ8* programme is based upon an integrative learning approach, specifically designed to cater for the changing needs of these students: independence and the development of self-discipline, self-knowledge and self-motivation.

A rich Science programme at Year 8 enhances the *activ8* programme. It empowers our

girls to participate fully in their own science experiments, to develop a thorough understanding of scientific concepts and to explore areas of particular interest.

In the *activ8* programme girls acquire self-knowledge and decision-making and leadership skills through fulfilling roles as House Captains, Class and Games Captains, Values and Student Council Representatives and Librarians. These skills are also developed in our Year 8 Service, Environment, Community Relations, Playground Angels and Media teams.

As part of our Middle School Careers programme teachers explore how best to develop the girls' understanding of their own strengths, weaknesses and

interests, and their awareness of a range of possible future careers. In Term 1 students submit a CV and letter of application for leadership roles in Year 8.

Our *activ8* programme complements our Values and Christian education programmes in contributing to the Year 8 girls' development as citizens. We aim to stretch each Year 8 girl's consciousness, her awareness of what is going on around her, her opinions, feelings and beliefs, and we push her to think deeply in every way we can.

It is a privilege to prepare our Year 8 girls to embrace the challenges of their years in the Senior School, and to leave the Middle School with confidence and a sense of anticipation.